**Softball Unit Quiz**

1. **In your own words, explain the unit summary.**
2. **List three things you will be able to do by the end of this unit (has to do with targeted state frameworks/content standards/benchmarks).**
3. **What did the class do on the first day of this unit?**
4. **What did you learn from this unit?**
5. **Do you think you improved throughout the duration of this unit? Why or why not.**